



Greetings!

Did you know you have access to the virtual doctor benefit called HealthiestYou? If you haven't already registered your free account, please do so today. Below is some info that explains what it is and how you can take advantage of it right now!!

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## What is it?

**Talk with a Doctor from your office, car, couch, you name it!**

**No scheduling. No travel. No waiting rooms.**

- **FREE Unlimited use. (No Co-Pay)**
- Available 24/7/365.
- Service is unlimited and available to everyone enrolled and their spouse/dependents (even spouse/dependents not on the medical plan) \*See Important Note below
- Board certified, US based, and licensed physicians that can diagnose, treat and prescribe for acute illnesses (ex. Flu, allergies, strep throat, and many more).
- Can handle over 70% of your typical doctor's office or urgent care visits

### Easy To Use:

- ✓✓ **Call 866.703.1259** You're already a member...Call now to try it out if you're feeling under the weather!
- ✓✓ **Download the App Today To Connect With A Doctor— Available on both Apple and Android devices. Search for "healthiestyou" in the app store and Google play store.**

## The three different ways to register:

**1. Download The Free App!** On any Apple or Android.

Click on "First Time Here" in the bottom right and enter the last name, birthdate, and zip code for the **primary** account holder. From there follow the prompts and create your account. Feel free to skip the 'insurance syncing' step. Simply select '**accept terms and conditions**' and continue into the app. Ensure your phone # is accurate as well (this is the number the physician network will call you back on when you click **Call Doctor.**)

**2. Add the physician access # 866.703.1259 to your phone and the phones of your dependents.**

Your membership is verified using the **primary's** last name, birthdate and zip code, so you will never need a group # or member # to access service.

**3. Register online at [member.healthiestyou.com](http://member.healthiestyou.com) to use HealthiestYou online.**

Your registration credentials from the app WILL be the same on this portal if you have already registered on the app. To verify your information, click **register now**, then enter the primary member's Last Name, Date of Birth, Zip Code and hit **Next**.

### Important Note:

You have the capability to add any spouse and dependents to your plan to use HealthiestYou for free, even if they are not on the medical plan. Just Dial 866.703.1259 option 1 and tell a representative you would like to add members to your plan.